

Curriculum Vitae

Ana Junça Silva

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Academic Achievements

- 2009 – 2015: **Ph.D. in Human Resources Management and Organizational Behavior** at ISCTE - Instituto Universitário de Lisboa (ISCTE-IUL).

Dissertation title: *Daily hassles and uplifts at work: affective and cognitive processes and outcomes on subjective well-being.*

(Approved with honour and distinction with unanimity).

Supervisor: António Caetano (PhD).

- 2009 – 2010: **Specialization/Post-Graduation in advanced studies – 3rd cycle in Human Resources Management and Development** at ISCTE – IUL.

- Total of hours: 102 hours; Average grade: 16.

- 2007 – 2009: **Master degree in Social and Organizational Psychology** - ISCTE-IUL.

Dissertation title: *Social representations of eating disorders.*

- **Supervisor:** Professor Carla Moleiro (PhD);

- Average grade: 17.

- 2004 – 2007: **Graduation in Psychology** at ISCTE - IUL. Average grade: 15.

Other relevant education

- 2016: Course on **Statistical methods with R** at ISCTE-IUL
 - Duration: 16 hours.

- **Competencies:** data analyses with R.
- 2016: Course on **Multilevel analyzes with SPSS** at ISCTE – IUL
 - Duration: 16 hours.
 - **Competencies:** multilevel statistical analyzes with SPSS.
- 2015: Course on **Multilevel analyzes with Mplus** at the Utrecht University (Utrecht – The Netherlands)
 - Duration: 24 hours.
 - **Competencies:** multilevel statistical analyzes with *Mplus*.
- 2011-2012: **Technical English** at ISCTE - Instituto Universitário de Lisboa (ISCTE-IUL).
 - Duration: 12 hours.
 - **Degree:** Technical and specialized English.
- 2007 – 2007: **Course of pedagogic formation of teachers** at NHK - Formação e Novas Tecnologias Unipessoal, Lda.
 - Duration: (90 hours).
 - **Degree:** Certificate of Pedagogic Competencies (former *CAP*).

Professional activities

Teaching activities

2015-2016: **Lecturer** at the Management School and the Management and Social Sciences Department, Polytechnique Institute of Tomar.

TEACHING ACTIVITIES AND DISCIPLINES:

TEACHING EXPERIENCE IN 1ST CYCLE*: Human Resources Management; Training methods; Training management; Competencies management and performance evaluation; Human Resources Project Management; Leadership and team management; Leadership and motivation; Organizational Behavior.

TEACHING EXPERIENCE IN 2ND CYCLE*: Team management; Conflict management; Human capital management; Performance management and development; Diagnostic and organizational interventions.

(*)All these curricular units (from both cycles) were structured, planed and coordinated by the candidate.

PRODUCTION OF PEDAGOGICAL MATERIAL: The candidate developed a pedagogic manual for each of these curricular units. Each manual has a theoretical/conceptual part and a practical one. Some of these manuals are under submission in Portuguese book editors (e.g., Edições Sílabo).

PERFORMANCE EVALUATION BY STUDENTS: The candidate has been evaluated as an exceptional one, in each curricular unit, by the students, for more than once.

COORDINATION AND MANAGEMENT OF PEDAGOGICAL PROJECTS: Supervision of students' internships; design of internship plans; Development, implementation and evaluation of organizational and scientific projects (e.g., Development of a Human Resource Management quizz with HRM' students). Coordination of diverse curricular units in Human Resource Management. Organization and coordination of pedagogic activities (e.g., open days, open lectures, symposiums, workshops, volunteering activities, management week, trip to European Parliament with HRM' 1st cycle students; visit to the HRM department in diverse organizations). Development, structure and submission proposal to A3ES of a 2nd cycle Masters Program in Human Resource Management; Development, structure and submission proposal of a curricular unit in Organizational Behavior for a Masters Program in Management.

MEMBER of the scientific comité and member of the Management School Pedagogic board.

2009-2016: **Lecturer** at ISCTE - Instituto Universitário de Lisboa (ISCTE-IUL), in Transversal Competencies Laboratory.

TEACHING ACTIVITIES AND DISCIPLINES:

Communication and personal development; Communication Techniques; Studying methods; Labor market competencies; Leadership and meetings management ().*

(*) All the above mentioned curricular units were developed, structured and planed by the candidate. The candidate has proposed two of them (communication and personal development and communication techniques).

BLEND-LEARNING DISCIPLINES: the candidate was involved in the structure, organization and implementation of two curricular units in the system of blend-learning. The candidate was also involved in the recording of the videos for the b-learning purpose. The curricular units were: *Communication Techniques; Labor market competencies.*

PRODUCTION OF PEDAGOGICAL MATERIAL: The candidate developed a pedagogic manual for each of these curricular units. Each manual has a theoretical/conceptual part and a practical one. Some of these manuals are in press in portuguese book editors (e.g., Edições Sílabo).

PERFORMANCE EVALUATION BY STUDENTS: The candidate has been evaluated as an exceptional one, in each curricular unit, by the students, for more than once. Plus, the candidate has had the best evaluation performance ratings from 2009 to 2016.

COORDINATION AND MANAGEMENT OF PEDAGOGICAL PROJECTS: implementation and proposal of open lectures, open days and workshops in communication themes. Coordination of workshops and symposiums in the open week for students. Students counseling and advisor.

2015-2016: **Lecturer** at ISPA (Instituto Superior de Psicologia Aplicada)

TEACHING ACTIVITIES AND EXPERIENCE IN 2ND CYCLE:

Human Factors I and Human Factors II.

(*) Both curricular units were structured and planned by the candidate.

PRODUCTION OF PEDAGOGICAL MATERIAL: The candidate developed a pedagogic manual for both curricular units.

PERFORMANCE EVALUATION BY STUDENTS: The candidate has been evaluated as an exceptional one.

2014-2015: **Lecturer** at Beiras Business School.

TEACHING ACTIVITIES AND DISCIPLINES:

TEACHING EXPERIENCE IN 2ND CYCLE: *Ethics and social responsibility in organizations.*

PRODUCTION OF PEDAGOGICAL MATERIAL: The candidate developed pedagogic material for students support. This material includes two parts: 1) theoretical and conceptual; 2) practical, group dynamics, and individual exercises in these subjects.

PERFORMANCE EVALUATION BY STUDENTS: The candidate's performance was evaluated as an exceptional one by the students.

2013-2015: **Lecturer** at ISLA – Instituto Superior de Línguas e Administração de Leiria

TEACHING ACTIVITIES AND DISCIPLINES:

TEACHING EXPERIENCE IN 1ST CYCLE*: *Human Resources Management; Organizational Psychology; Work Psychosociology.*

TEACHING EXPERIENCE IN 2ND CYCLE*: *Human Resources Management; Performance evaluation; Organizational Behavior; Competencies development and management.*

(*)All these curricular units (from both cycles) were structured, planed and coordinated by the candidate.

PRODUCTION OF PEDAGOGICAL MATERIAL: The candidate developed a pedagogic manual for each of these curricular units. Each manual has a theoretical/conceptual part and a practical one. Some of these manuals are under submission in Portuguese book editors (e.g., Edições Sílabo).

PERFORMANCE EVALUATION BY STUDENTS: The candidate has been evaluated as an exceptional one, in each curricular unit, by the students, for more than once.

COORDINATION AND MANAGEMENT OF PEDAGOGICAL PROJECTS: Supervision of students' internships; design of internship plans; Evaluation of final projects in HRM; Member of the evaluation comité in HRM final thesis or internship reports; Coordination of diverse curricular units in Human Resource Management. Organization and coordination of pedagogic activities (e.g., open lectures, symposiums, workshops, visit to the HRM department in diverse organizations).

MEMBER of the scientific board.

Work in Research Projects

2010-2016: **Researcher** at the Business Research Unit (ISCTE - Instituto Universitário de Lisboa)

SCIENTIFIC PRODUCTION: The involvement in diverse research projects allowed the candidate to produce several scientific outputs, such as, book chapters, scientific papers, working papers and conference papers. All the scientific work is listed below, in the appropriate section.

COORDINATION AND ACHIEVEMENT OF RESEARCH PROJECTS: Involvement in diverse national and international research projects:

INVOLVEMENT IN INTERNATIONAL RESEARCH PROJECTS:

- I. Compassionate goals and innovative behavior in the workplace: Cross-countries comparions.*
- II. Mindfulness, engagement and creativity: exploring how being mindful can be beneficial for employers and employees.*
- III. Emotional contagion in voice-to-voice service encounters: A dynamic approach to the influence of customers on employees' behavior and welfare.*

INVOLVEMENT IN NATIONAL RESEARCH PROJECTS:

- IV. Daily hassles and uplifts at work: affective and cognitive processes and outcomes on subjective well-being, FCT Grant: SFRH/BD/80460/2011 (PhD Grant).*

- V. Emotional contagion in voice-to-voice service encounters: a dynamic approach to the influence of customers on employees' behavior and welfare, FCT Grant: SFRH/BD/72455/2010.
- VI. *Codificação, análise e prevenção de acidentes de trabalho*, FCT Grant: PTDC/SDE/71193/2006.

PARTICIPATION IN RESEARCH TEAMS: As member of the Business Research Unit, and due to her involvement in diverse research projects, the candidate has been involved with national and international teams. This involvement has been translated in several scientific outputs, such as, symposiums organization (e.g., *Interpersonal and life goals around the world: Effects on employee innovation and well-being* at the International Conference on Psychology), participation in national and international conferences (e.g., European Association of Work and Organizational Psychology Conference), scientific papers in international peer-reviewed journals (e.g., Journal of Happiness Studies), and book chapters.

PROMOTION OF SCIENTIFIC ACTIVITY: Organization of national and international conferences, symposiums and workshops.

ORGANIZATION OF INTERNATIONAL CONFERENCES, SYMPOSIUMS OR WORKSHOPS:

- *Being mindful matter! Exploring the effects of mindfulness in the workplace*, at the European Association of Work and Organizational Psychology in Dublin (Ireland, 2017).
- *Compassionate and self-image goal across Latin American organizations* at the Congress of the International Association for Cross-Cultural Psychology in Nagoya (Japan, 2016).
- *Tell me what is going on at work, and I'll tell you how happy you are at work! Contextual and situational factors influencing employees' well-being at work* at International Conference on Psychology in Yokohama (Japan, 2016).
- *Organizational health across the globe: From healthy individuals to healthy organizations* at European Association of Work and Organizational Psychology Conference in Oslo (Norway, 2015).
- *Emotional dynamics of service interactions: putting the focus on employees* at European Association of Work and Organizational Psychology Conference in Oslo (Norway, 2015).
- *EAWOP Summer school* at ISCTE – IUL (2014).
- *The contribution of organizational, social and personal resources to the day-to-day of a happy worker* at International Work Psychology Conference in Sheffield (UK, 2014).

- *Who is the happy and healthy worker? Investigation of individual determinants of health and well-being at work* at International Conference on Applied Psychology, in Paris (France, 2014).

- **XXV Annual Conference, Society for the Exploration of Psychotherapy Integration – SEPI** (Lisbon: Portugal) (2007).

ORGANIZATIONAL OF NATIONAL CONFERENCES, SYMPOSIUMS OR WORKSHOPS:

- *Simpósio em Comportamento Organizacional* (2018) at Polytechnique Institute of Tomar.

- *1st Iberic Conference in Human Capital Strategic Management* at Polytechnique Institute of Tomar (2017).

- *Seminar in Intercultural Human Resource Management* at Polytechnique Institute of Tomar (2016).

- *Diz-me o que te acontece e eu dir-te-ei o que sentes: a dinâmica das micro-contrariedades e micro-satisfações diárias no trabalho* at ISPA.

- *Management week* at Polytechnique Institute of Tomar (2015-2016).

- *Seminar in humor related events and its impact on well-being* in Organizational Behavior and Human Resource Management Group at ISCTE-IUL (2015).

- *National Symposium in Training and Organizational Development* at ISCTE – IUL (2015).

- *Organizational behavior seminar* at ISCTE – IUL (2014).

- *Workshop in Communication Techniques* at ISCTE – IUL (2010-2016).

- *PhD Seminars/meetings in Human Resource Management and Development* at ISCTE – IUL (2009-2015).

- *Seminar CAPTAR – Learning to prevent* (work accidents) at ISCTE – IUL (2010).

INTERVENTION IN THE SCIENTIFIC COMMUNITY: Design and training implementation in organizational behavior issues.

- *Organizational Communication* training for IEFP (Instituto do Emprego e Formação Profissional) (2015/2016).

- *Leadership, team and conflict management* training for employers at Tomar Social Assistance Center (2015/2016).

- *Promoting well-being at work* at BRISA (for employers) (2013-2015).

- *Communication Techniques* at the ISCTE – IUL open week (2010-2016).

- Workshop in *Education and psychology* at APAV – Odivelas (2007).

2008-2010: **Scientific Junior Researcher** at ISCTE - Instituto Universitário de Lisboa (ISCTE-IUL): Centro de investigação e intervenção social do ISCTE (CIS – IUL).

Researcher for the Project: *Integrating micro and macro organizational behaviour through longitudinal and multilevel models: Subjective well-being, job satisfaction and performance*, granted by Fundação para a Ciência e Tecnologia (FCT): PTDC/PSI/73347/2006.

PROMOTION OF SCIENTIFIC ACTIVITY: Annual written reports regarding the project progress and the main research outputs. Diverse scientific outputs (e.g., book chapters).

Human Resources professional activities

2008/2015: **Sports Psychologist, counselling and trainee** at Ginásio Clube de Alcobaça.

MAIN ACTIVITIES: Counselling, psychological evaluation of players, development of psychological monitoring programs for the players, monitor of team behavior, development, structure and training programs in enhancing productive team behaviors (e.g., teambuilding, conflict management, decision making) and individual behavior in sportive context (e.g., self-confidence, leadership, proactive behaviors).

2008/2009: **Human Resources Consultant** at Fresta Corporation (Lisbon).

MAIN ACTIVITIES: Design, develop and conducting recruitment and selection activities; diagnostic training needs; trainer; training evaluation; competencies management and development; supervising internship activities: elaboration and monitoring internship plans, development of social responsibility programs for the organization.

2008/2009: **Human Resources Consultant** for Playboy Magazine, Portugal.

MAIN ACTIVITIES: Design, develop and implement all the recruitment and selection program for the magazine implementation in Portugal. It included all the activities to recruit and select the magazine's editorial board, journalists, all the designers' and creative staff, marketeers, advertisers and commercials, photographs, IT engineers, accountants and human resource techniques.

2007/2008: **Human Resources Technique** at Olhar – Associação pela prevenção e apoio à saúde mental.

MAIN ACTIVITIES: Design, develop and conducting recruitment and selection activities (e.g., curricular analysis, interviews conduction and evaluation, psychological assessment, group Dynamics). Evaluation of recruitment and selection activities.

2007: **Project manager** at CERCI – Lisboa.

MAIN ACTIVITIES: Diagnostic and organizational intervention in **performance management and assessment**.

2006-2008: **Psychologist** in Associação de Apoio à Vítima (APAV) in Odivelas.

MAIN ACTIVITIES: Psychological evaluation; trainer; diagnostic training needs; recruitment and selection responsible; competencies training and management.

Scientific Performance

Publications on international peer-review journals¹

Junça-Silva, A., Caetano, A., & Rueff-Lopes, R. (2016). Daily uplifts, well-being and performance in organizational settings: the differential mediating roles of affect and work engagement. *Journal of happiness studies*. doi: 10.1007/s10902-016-9740-2. **Impact factor:** 1.846.

Rueff-Lopes, R., Navarro, J., Caetano, A., & Silva, A. (2015). A Markov chain analysis of emotional exchange in voice-to-voice communication: testing for the mimicry hypothesis of emotional contagion. *Human Communication Research*, 41, 412-434. doi: 10.1111/hcre.12051. (**2 citations**). **Impact factor:** 2.4; Q1: ISI/JCR.

Silva, A. J., & Caetano, A. (2013). Validation of the Flourishing Scale and Scale of Positive and Negative Experience in Portugal. *Social Indicators Research*, Vol. 110 (2): 469-478. doi: 10.1007/s11205-011-9938-y. (**59 citations**). **Impact factor:** 1.380.

Spagnoli, P., Caetano, A., & Silva, A. J. (2012). Psychometric properties of a Portuguese version of the Subjective Happiness Scale. *Social Indicators Research*, 105 (1), 137-143. doi: 10.1007/s11205-010-9769-2 (**23 citations**). **Impact factor:** 1.380.

Spagnoli, P., Silva, A. J., Venditti, A., Santos, S., Tanucci, G., & Caetano, A. (2011). Psychosocial work environment and risk of mobbing: the moderator effect of leader's

¹ The most representative papers are the first three of the list.

support. E-book of the 4th *International Seminar on Positive Occupational Health Psychology*. Lisboa: Centro Investigação/Intervenção Social (ISCTE-IUL).

Moleiro, C., Silva, A. J., Rodrigues, R. & Borges, V. (2009). Health and Mental Health Needs and Experiences of Minority Clients in Portugal. *International Journal of Migration, Health and Social Care*, 5(1), 15-24. doi: [10.1108/17479894200900003](https://doi.org/10.1108/17479894200900003). (15 citations). **Impact factor**: 0.58.

Book chapters

Junça Silva, A., Mendonça, H., Caetano, A. & Ferreira, M. C. (2016). Bem-estar, florescimento e engajamento. In Helenides Mendonça, Maria Cristina Ferreira & Elaine Rebelo Neiva (Eds.). *Análise e Diagnóstico Organizacional: Teoria e Prática*. Vetor Editora.

Junça-Silva, A., Caetano, A., Mendonça, H., Ferreira, M. C., & de Sousa, I. F. (2014). Florescimento no trabalho. in Mirlene Sequeira (Ed.), *Novas medidas do comportamento organizacional: ferramentas de diagnóstico e de gestão* (pp. 172-178). Porto Alegre: Artmed, 2014, p. 172-178. (10 citations).

Junça-Silva, A., Caetano, A. (2013). Daily Hassles and Uplifts at Work: Perceived Effects on Well-being. In Francesco Sarracino (Ed.), *The Happiness Compass: Theories, Actions and Perspectives for Well-being* (pp. 153-177). USA: Nova Publishers.

Junça-Silva, A., Spagnoli, P., Venditti, A., Santos, S., Tanucci, G., & Caetano, A. (2013). Psychosocial work environment: The moderator role of leader's support on the relationship between work setting and risk of mobbing. In Sónia P. Gonçalves, & José Neves (Eds.), *Occupational Health Psychology: From burnout to well-being* (pp. 155-170). USA: Scientific & Academic Publishing, 2013, p. 155-170.

Silva, A. J., Caetano, António; Susana, Correia Santos (2011). Employee satisfaction in the Portuguese Financial Sector between 1996 and 2008. In A. Caetano, S. A. Silva & M. J. Chambel (eds), *New Challenges for a Healthy Workplace in Human Services* (pp. 191-219). München, Mering: Rainer Hampp Verlag.

Oral communications in peer-reviewed, internationally established conferences and/or international advanced schools

Junça-Silva, A., Caetano, A., & Rueff-Lopes, R. (July, 2016). *Being humorous at work: the role of gelotophobia on affect and organizational climate*. In: 31st International Congress in Psychology. Tokyo, Japan.

- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (June, 2016). *Dynamics and consequences of daily work-events: affective processes explain it*. In: IWP Conference 2016: Work and Organizational Psychology: Making a Difference. Sheffield, UK.
- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (June, 2016). *Daily uplifts, well-being and performance: the differential mediating role of affect and work engagement*. In: EURAM 2016: Manageable cooperation? Paris, France.
- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (May, 2015). *The role of work engagement in the relation between daily events and individuals' well-being*. In: 17th congress of the European Association of Work and Organizational Psychology. Oslo, Norway.
- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (May, 2015). *The bright and the dark sides of a working day: significant daily events and emotional activation: the role of cognitive appraisals*. In: 17th congress of the European Association of Work and Organizational Psychology (EAWOP). Oslo, Norway.
- Junça-Silva, A., & Tavares, S. (May, 2015). *Memories of affective episodes in the organization: Does both the emotional valence and the organizational identification matter?* In: 17th congress of the EAWOP. Oslo, Norway.
- Rueff-Lopes, R., Navarro, J., Caetano, A., & Junça-Silva, A. (May, 2015). *Categorizing customers' behavior and its influence on employees' emotions: the moderating role of employees' propensity for emotional contagion*. In: 17th EAWOP. Oslo, Norway.
- Rueff-Lopes, R., Navarro, J., Caetano, A., & Junça-Silva, A. (May, 2015). *A Markov chain analysis of emotional exchange in voice-to-voice communication: testing for the mimicry hypothesis of emotional contagion*. In: 17th EAWOP. Oslo, Norway.
- Rueff-Lopes, R., Navarro, J., Caetano, A., & Junça-Silva, A. (May, 2015). *Forecasting the impact of call center employees' emotions on turnover and cardiovascular health*. In: 17th congress of the EAWOP. Oslo, Norway.
- Junça-Silva, A., Caetano, A. & Lopes, R. (July, 2014). *What happens in your day to day life at work? The role of daily hassles and uplifts between optimism and subjective well-being*. In: 28th International Congress of Applied Psychology. Paris, France.
- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (July, 2014). *The fallacy behind 'no heart feelings': how customers' behaviours influences employees' cardiovascular fluctuations*. In: 28th International Congress of Applied Psychology. Paris, France.

- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (June, 2014). *How are you feeling today? Daily emotional experiences in the workplace*. In: Institute of Work Psychology International Conference (IWP). Sheffield, UK.
- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (June, 2014). *Tell me what makes you laugh and I tell you what will happen: the role of humor daily events at work on the relationship between optimistic employees', subjective well-being and adaptability at work*. In: IWP International Conference. Sheffield, UK.
- Junça-Silva, A., Caetano, A., & Rueff Lopes, R. (2013). *Are you humorous at work? Humor daily events at work: their relationships with employees' well-being and adaptability through optimism*. In: 6th Seminar on Positive Occupational Health Psychology. Leuven: Belgium.
- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (2013). *The impact of customers' behaviors on employees' emotions, performance, and cardiovascular health*. In: 16th congress of the EAWOP. Munster: Germany.
- Junça-Silva, A., Caetano, A. & Rueff Lopes, R. (2013). *Development and validation of a taxonomy of micro daily events at work*. In: 16th EAWOP. Munster: Germany.
- Junça-Silva, A., Caetano, A. & Lopes, R. (2013). *What happens at work, and how does it feel? Micro daily events at work and emotions*. In: 16th EAWOP. Munster.
- Junça-Silva, A., & Caetano, A. (2012). *Development and validation of taxonomy of affective events at work*. In: IX ISQOLS Conference: Discovering new frontiers in Quality-of-life Research. Venice: Italy.
- Silva, A. J. & Caetano, A. (2012). *Micro-daily events at work: Do they really matter for well-being?* In: Well-being in contemporary society: international conference on the philosophy and science of well-being and their practical importance. Enschede, The Netherlands.
- Silva, A. J. & Caetano, A. (2012). *What happens within a working day that might affect employees' wellbeing and their performance?* In: 5th International Seminar on Positive Occupational Health Psychology. Dublin: Ireland.
- Silva, A. J. & Caetano, A. & Santos, S. (2011). *Job satisfaction and the debate around its facets: a six time shots over a twelve years period*. In: 15th EAWOP. Maastricht: The Netherlands.
- Silva, A. J., Spagnoli, P., Santos, S., Venditti, A., Tanucci, G. & Caetano, A. (2010). *Psychosocial work environment and risk of mobbing: the moderator effect of leader's*

support. In: 4th International Seminar on Positive Occupational Health Psychology: Lisbon.

Silva, A. J., Tanucci, G., Spagnoli, P., Santos, S., Caetano, A., Amelia, M. & Cortini, M. (2010). *Atypical Female Workers and Work Life Balance*. In: 4th International Seminar on Positive Occupational Health Psychology: Lisbon: Portugal.

Oral communications in peer-reviewed, nationally established conferences and/or national advanced schools

Junça-Silva, A. (2015). *Diz-me o que te acontece e eu dir-te-ei o que sentes: a dinâmica das micro-contrariedades e micro-satisfações diárias no trabalho*. Ciclo de conferências do ISPA. Lisboa. (<http://ispa.pt/eventos/diz-me-o-que-te-acontece-e-eu-dir-te-ei-como-te-sentes-dinamica-das-contrariedades-e-micro-p>).

Junça-Silva, A., & Caetano, A. (2013). *O que acontece diariamente e o que provoca emocionalmente: Desenvolvimento de uma escala de eventos diários no trabalho*. In: VIII Simpósio Nacional de Investigação em Psicologia. Aveiro.

Junça-Silva, A. & Caetano, A. (2012). *Quais os principais micro-eventos diários no trabalho e qual a sua relação com o bem-estar e o desempenho individual?* In: VII Simpósio sobre Comportamento Organizacional. Lisbon: Portugal.

Silva, A. J., Spagnoli, Paola & Caetano, A. (2011). *Subjective Happiness Scale: Psychometrics Properties of a Portuguese Version*. In: VI PhD Meeting in Social and Organizational Psychology. Lisbon: Portugal.

Silva, A. J. & Caetano, A. (2011). *Performance and Quality of Life in Organizations: Effects of daily hassles and uplifts at work*. In: PhD Research Seminar in Organizational Behaviour and Human Resources Management. Lisbon: Portugal.

Silva, A. J. & Caetano, A. (2011). *Produtividade e Qualidade de vida nas Organizações: micro-eventos diários no trabalho*. In: III Conferência: Investigação e Intervenção em Recursos Humanos: Gestão para a cidadania. Vila do Conde: Portugal.

Silva, A. J. & Moleiro, C. (2010). *Eating disorders social representations*. In: VII Simpósio Nacional de Investigação em Psicologia. Braga: Portugal.

Other publications

Junça-Silva, A. (2015). *Communication and personal development* (development of a pedagogic manual for the discipline).

Junça-Silva, A. (2014): *How to find a job? Development competencies to be successful when finding a job* (development of a pedagogic manual for the discipline).

Junça-Silva, A. (2010). *Leading and conducting meetings: strategies and risks* (development of a pedagogic manual for the discipline).

Technical and Research Reports

The candidate has elaborated diverse technical and research reports for FCT (Fundação para a Ciência e Tecnologia), for the Universities participating and supporting the candidate research and for the participating organizations, in which the candidate has gathered data (for research purposes).

Papers Reviewed

The candidate has been reviewer for the following international and national journals: *Social indicators research; Journal of happiness studies; SAGE Open; The Spanish journal of psychology; Análise Psicológica; EURAM conference; EMONET; GIRA conference.*

Awards and recognitions

The recent scientific activity of the candidate has been recognized and awarded in **2015, 2013** and **2012** with the ISCTE – IUL's **scientific prizes** for excellent research. Between 2010 and 2016, the candidate was recognized as the best teacher for the Transversal Competencies Laboratory at ISCTE – IUL. In **2009**, the candidate was awarded and recognized as the **best master student** of ISCTE – IUL.

Other relevant information

The candidate is an active **member of international and national scientific societies**: *European Association of Work and Organizational Psychology; International Association of Applied Psychology; Associação Portuguesa de Psicologia das Organizações e Comportamento Organizacional.* The candidate is also member of the *Organizational Behavior and Human Resources Research Group* (from Business Research Unit - ISCTE – IUL).

Scientific Supervisions

Madalena Ferreira (2014). *A Identificação Organizacional e a Recordação de Acontecimentos Afetivos nas Organizações.* Tese de Mestrado em Psicologia Social e das Organizações. ISCTE – IUL.

Supervising and mentoring activities

Cátia Francisco (2016). Supervisor of an internship of Human Resources Management at Town Hall of Sardoal (Graduation in Human Resources Management at Tomar Polytechnic Institute).

Bárbara Nunes (2016). Supervisor of an internship of Human Resources Management at Human Resources Department of Beatriz Godinho Group (Graduation in Human Resources Management at Tomar Polytechnic Institute).

Diana Nunes (2016). Supervisor of an internship of Human Resources Management at Excellent Care (Graduation in Human Resources Management at Tomar Polytechnic Institute).

Cíntia Lopes (2016). Supervisor of an internship of Human Resources Management at Factor H (Training, Recruiting and Managing People) (Graduation in Human Resources Management at Tomar Polytechnic Institute).

Inês Morais (2015). Supervisor of an intership of Human Resources Management at Michael Page – Page Personnel (Graduation in Human Resources Management at Tomar Polytechnic Institute).

Organizational and academic relevant activities

The candidate has participated in other pedagogic activities, such as:

- a. **Preparation, organization and proposal submission for a Masters Program** in Human Resources Management at Polytechnic Institute of Tomar (2015/2016).
- b. **Organization, administration and lecturer** of two **blended-learning disciplines** at ISCTE – IUL: Communication techniques and Employability and competencies for searching a job (2015/2016).
- c. **Restruturation and organization** of the **undergraduate program** in Human Resources Management at Polytechnic Institute of Tomar (2015/2016).
- d. **Organization and structuration** of diverse **disciplines** at ISCTE – IUL, ISLA, Polytechnic Institute of Tomar and Beiras Business School (2009/2016).
- e. **Trainer** for Instituto do Emprego e Formação Profissional: **Organizational communication** (50 hours) (2015/2016) and for Centro de Acolhimento Social de Tomar: **Teams management, decisions and conflicts** (8 hours) (2015).

Other relevant activities

Univeristy Management Activies

- a. **Scientific member of the Management School Comité** at Institute Polytechnic of Tomar (2015/2017).

- b. **Coordination activities of Management School Teams** at Institute Polytechnic of Tomar (2015/2017).